# Wake-Up Scents



#### FEATURES OF THE WAKE-UP SCENTS

- > Humidifier and diffuser for essential oils
- Atmospheric lights
- > Protective case for your bottles of essential oils
- > 3 alarm modes

- 2 independents alarms
- > Sunset simulator





Master Box 54.0 × 41.0 × 22.0 cm 8.33 ka

**LANAFORM** 







13.0 × 18.6 × 13.0 cm



0.62 kg



Voltage / 5V / 5W

## **LANAFORM**

HEALTH

# Wake-Up Scents

**SCENTED SUNRISE &** SUNSET SIMULATOR























### LET THE SUNRISE AND ESSENTIAL OILS COME INTO YOUR BEDROOM TO WAKE YOU UP GENTLY.

What's worse than waking up with a start and getting up on the wrong footing?

Having problems getting up in the morning is often synonymous with disruption to your biological clock.

The solution to this problem is simple: light. It does in fact stimulate hormone production, as the sun's rays would do, and helps us get up by removing melatonin, the sun's hormone.

The Wake-up Scents sunrise simulator reproduces the effects of light as you wake up and thus synchronises your biological clock. Together with diffusion of essential oils, this will be the perfect combination for waking you up calmly and peacefully.

As it also has a sunset simulator, you'll be able to take advantage of the benefits of the red light to send you off to sleep and a fragrant atmosphere to soothe frayed nerves.

#### Sunrise simulator

30 minutes before waking up, a white light will begin to illuminate your bedroom to take your body gently into a state of wakefulness.

#### Sunset simulator



30 minutes before bedtime, a red light will get darker and darker until it switches off completely. In fact, the wavelength of the red light will encourage you to go to sleep and cause melatonin to be secreted more intensely while reducing the production of cortisol. the wakefulness hormone.

#### Diffusion of essential oils

Some essential oils are real assets in helping you wake up or go to sleep. This is why diffusing positive and stimulating synergy will enable your body to wake up more easily and a calming and peaceful synergy will provide a soothing way of falling asleep.

#### 3 waking modes

#### Classic Morning

# Dawn + Sounds (Nature / Radio)

#### Lazy Morning

⊕ Dawn + ® Diffusion

#### Morning Booster

# Dawn + # Sounds (Nature / Radio) + Diffusion

#### Mood lights

Wake-Up Scents offers you 6 different atmospheric lights: 3 cool colours and 3 warm colours.

- › Lemon 🛑
- > Wheat
- > Peach
- Mint \_\_\_
- > Azure
- Lavender

# COMPARE WAKE-UP SCENTS & WAKE-UP LIGHT LANAFORM'S DAWN SIMULATORS

	Sunrise simulator	Sunset simulator	Diffusion of essential oils	Mood lights	Bedside lamp
Wake-Up Scents	White light	Red light	Yes	000	10 intensity levels
Wake-Up Light	White light	White light	No	000	10 intensity levels



Radio	Sounds of nature	Mode(s)	Alarms	Snooze function	Screen
15 stations	6	3	2	Yes	LCD, adjustable intensity
30 stations	6	1	2	Yes	Backlit LCD